

Resolution SIMUN 4.1

Sponsors: United States of America (USA), Ukraine, Democratic Socialist Republic of Sri Lanka

Signatories: The Kingdom of Cambodia, the Republic of Indonesia, Japan (Nippon), the Republic of Ghana, the Republic of India, the Islamic Republic of Iran, the Republic of Iraq, the Republic of Yemen, the Republic of Zimbabwe, the Republic of Botswana, Republic of Haiti, Centre African Republic, French Republic and the kingdom of Belgium

Committee: World Health Organization

Agenda: Improving responses and coordinates in addressing mental health with special emphasis on institutional instability

Recalling the Universal Declaration of Human Rights, which recognizes that the highest attainable standard of physical and mental health is a fundamental right of every human being,

Recognizing the growing prevalence of mental health issues across the globe, with an estimated 1 in 4 people experiencing a mental health disorder at some point in their lives,

Acknowledging the significant impact that mental health issues can have on individuals, including increased rates of suicide, substance abuse, and decreased quality of life,

Noting the social and economic costs of mental health issues, including reduced productivity, increased healthcare costs, and the potential for decreased economic growth,

Expressing concern over the stigma and discrimination that individuals with mental health issues often face, which can prevent them from seeking treatment and accessing support,

Reaffirming the need for increased awareness, education, and advocacy on mental health issues, as well as the need for greater investment in mental health services and support systems,

1. Re-affirming that all relevant organizations and forums within all nations must try to collaborate to support the people with the continuous need for medical help as well as mental support promotion of equitable access to quality health care including psychosocial interventions and medication and addressing physical health care needs;
2. Requesting nations to promote research and reduce stigma on mental health with extreme emphasis on unstable and underdeveloped countries;
3. Encourages member states to work towards reducing the stigma and discrimination surrounding mental health issues through public awareness campaigns, education

- initiatives, and the promotion of positive portrayals of mental health in media and popular culture;
4. *Encourages* donors to support countries under severe kind of crisis and to show solidarity support globally;
 5. *Future invite* member states to ensure that mental health services and support systems are accessible, affordable, and appropriate for all individuals, regardless of socioeconomic status, gender, race, or other factors;
 6. *Expresses* its hope for government councils of other nations to send support to countries under socio-economic crisis;
 7. *Calls upon* all member states to prioritize mental health issues within their respective health systems and policies, and to increase funding and resources for mental health research, prevention, and treatment programs;
 8. *Further requests* WHO to conduct successful plans regarding mental health disorders, especially among undeveloped and developing countries. The following ways can be implemented;
 - a) free online sessions;
 - b) to go to rural areas and explain situations, help with food, cloth, and shelter;
 - c) get donations from core countries to provide support for countries bankrupt;
 9. *Requests* that the World Health Organization (WHO) establish a dedicated program on mental health, which would be responsible for coordinating international efforts to address mental health issues, conducting research and analysis on mental health trends and needs, and providing technical assistance and support to member states in developing and implementing mental health policies and programs;
 10. *Emphasizes* the need of providing humanitarian aid and medically trained staff to institutionally unstable countries which have limited equipment to provide for the mentally disabled;
 11. *Recognizing* that mental disorders can lead to disabilities, as reflected in the United Nations Convention on the Rights of Persons with Disabilities, which also notes that disability results from the interaction between persons with impairments and attitudinal and environmental barriers that hinder their full and effective participation in society on an equal basis with others, and that the World Report on Disability 2011 charts the steps that are required to improve the participation and inclusion of people with disabilities, including those with mental disabilities;
 12. *Encourages* member states to collaborate with international organizations to share best practices, research findings, and resources on mental health issues, and to work towards developing a global strategy for addressing mental health issues that take into account the unique needs and contexts of different regions and populations;
 13. *Calls upon* all global nations to provide economic, social, and political aid for countries with a high percentile of people with mental health problems to combat and reduce the conditions;
 14. *Requests* member states to report to the WHO on their progress in implementing the measures outlined in this resolution and to share their experiences and lessons learned with other member states;
 15. *Deplores* the level of action currently undergoing and recognizes that the global community stall improves response and coordination on mental health with specific action shown with countries with significant problems;

16. Strongly condemns all member states to ensure that their mental health policies and programs are aligned with the principles of human rights and social justice and that they prioritize the needs and perspectives of individuals with mental health issues, their families, and their communities;
17. Full development of the currently undeveloped countries which will reduce mental health issues which will benefit the supporting countries in the future;
18. Fully encourages every country to support made include acts and policies which support people who have a mental problem and are in poverty;
19. Endorses apps and social media platforms for children experiencing mental health disorders. The app will include;
 - a) psychological support from professionals;
 - b) guidance to eliminate depression;
 - c) care and support for children under stress;
 - d) implementing more task-based and indirect approaches
20. Transmits trusts to third world nations by providing the necessary equipment to deal with the mentally ill patients of the country.